

CTEC SPORT & PHYSICAL ACTIVITY

Course

Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity (CTEC)
(Equivalent to one A-level)

Exam Board

OCR

Entry requirements

Level 4 or higher in GCSE PE, or Merit or higher in BTEC Level 2 Sport or Cambridge National Sports Science or Sports Studies.

Level 4 or higher in GCSE English, Maths and Science. You do not need to be training and competing to a high standard in one of the government approved sports as the course is not graded on practical ability but good sporting knowledge will help.

Why study CTEC Sport?

The course will meet the needs of those aspiring to a career in sport and the health and leisure industry. The broad study base provides a variety of experiences and the opportunity to acquire knowledge across a diverse range of subjects. The course not only serves as a route to full time employment within sports related fields, it is also a proven progression route to Higher Education. It is equivalent to one A-level.

Course content

Mandatory units:

- **Unit 1:**
Body Systems and the Effects of Physical Activity
- **Unit 2:**
Sports Coaching and Activity Leadership
- **Unit 3:**
Sports Organisation and Development

Optional units (decision to be made by staff in consideration of the strengths and interests of each class). One from:

- **Unit 5:**
Performance Analysis in Sport and Exercise
- **Unit 6:**
Organisation of Sports Events
- **Unit 19:**
Sport and Exercise Psychology
- **Unit 18:**
Practical Skills in Sport and Physical Activities

Assessment

Units are assessed using a grading scale of Distinction*, Distinction, Merit, Pass and Unclassified.

Assessment is by a combination of methods across the different units.

- **Unit 1:** Outcomes are assessed through an externally set, written examination paper, worth a maximum of 70 marks and 1 hour 30 minutes in duration
- **Unit 3:** Learning Outcomes are assessed through an externally set, written examination paper, worth a maximum of 60 marks and 1 hour in duration.
- **Optional Units:** Internally assessed, coursework assignments

Progression after Sixth Form

The course will prepare students to pursue further study in a sports-related fields such as a HNC or degrees in Sports Studies, Sport and Exercise Science, Sports Therapy, Sports Management or Sports Coaching. Alternatively students may enter a career in the sports and leisure industry.

Learners should always check the entry requirements for degree programmes with specific higher education providers as they may specify the subjects that CTEC Sport should preferably be combined with.

Career opportunities

Possible sports-related careers include sports therapy, sports coaching, strength and conditioning, personal training, Physical Education teaching, sports officiating, sports development, leisure management and sports journalism.

For more information contact Head of Department:

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